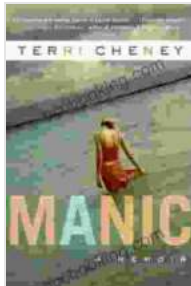


# A Manic Memoir: The Raw and Unflinching True Story of One Woman's Journey with Bipolar Disorder



## Manic: A Memoir by Terri Cheney

★★★★☆ 4.5 out of 5

Language : English

File size : 300 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

X-Ray : Enabled

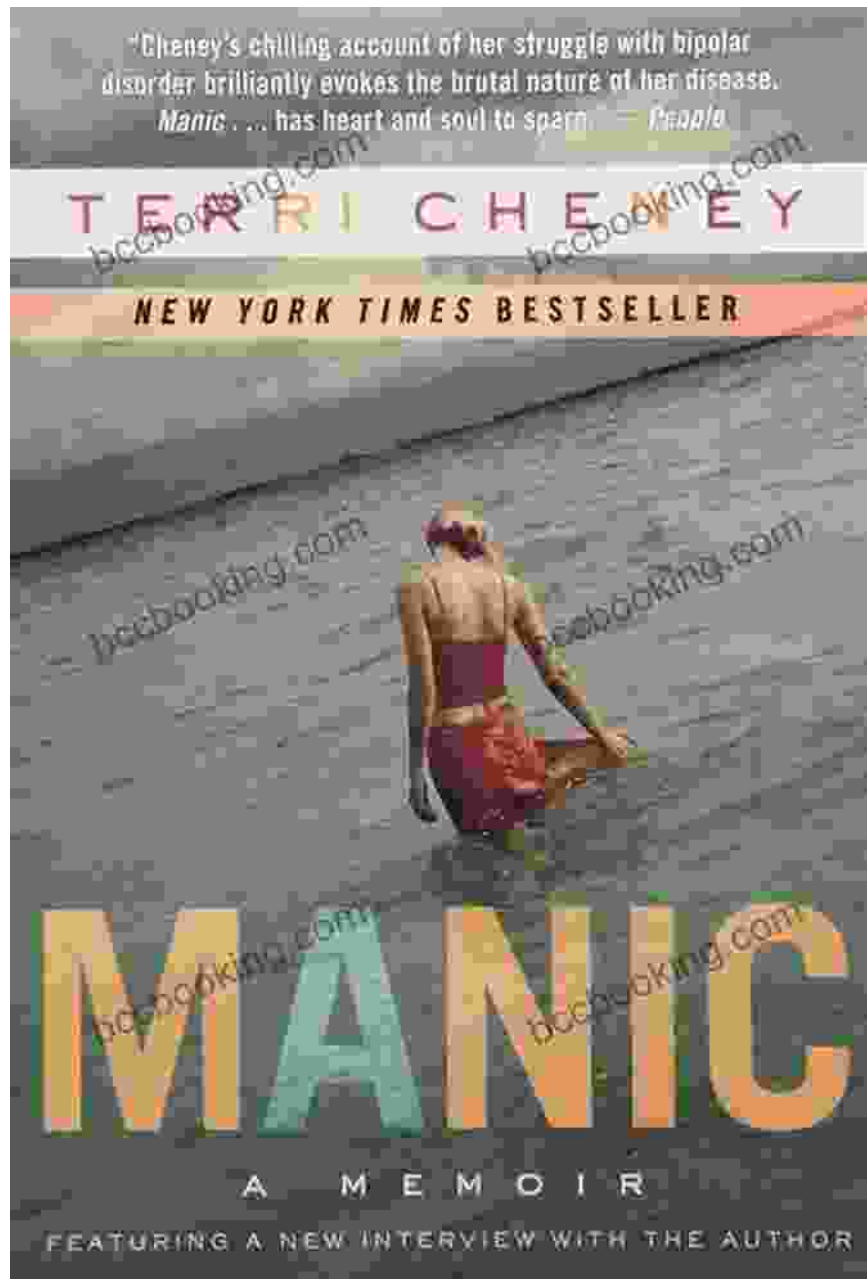
Word Wise : Enabled

Print length : 274 pages

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**Terri Cheney's story is one of hope and resilience.**

She was diagnosed with bipolar disorder at the age of 25, and her life was turned upside down. She experienced wild mood swings, from euphoric highs to devastating lows. She lost jobs, relationships, and her sense of self.

But Terri never gave up. She sought help, and she found ways to manage her disFree Download. Today, she is a successful writer, speaker, and advocate for mental health awareness.

**Manic Memoir is Terri's story, but it is also the story of millions of people who struggle with mental illness.**

It is a story of pain, but it is also a story of hope. It is a story that will inspire you, challenge you, and change your life.

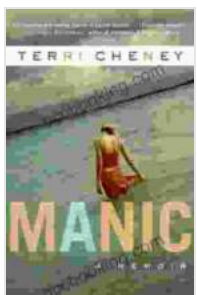
**If you or someone you know is struggling with mental illness, please know that you are not alone.**

There is help available, and there is hope. Manic Memoir is a testament to the power of the human spirit, and it is a reminder that we can all overcome even the most difficult challenges.

**Free Download your copy of Manic Memoir today.**

This book is a must-read for anyone who has ever struggled with mental illness, or who knows someone who has.

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