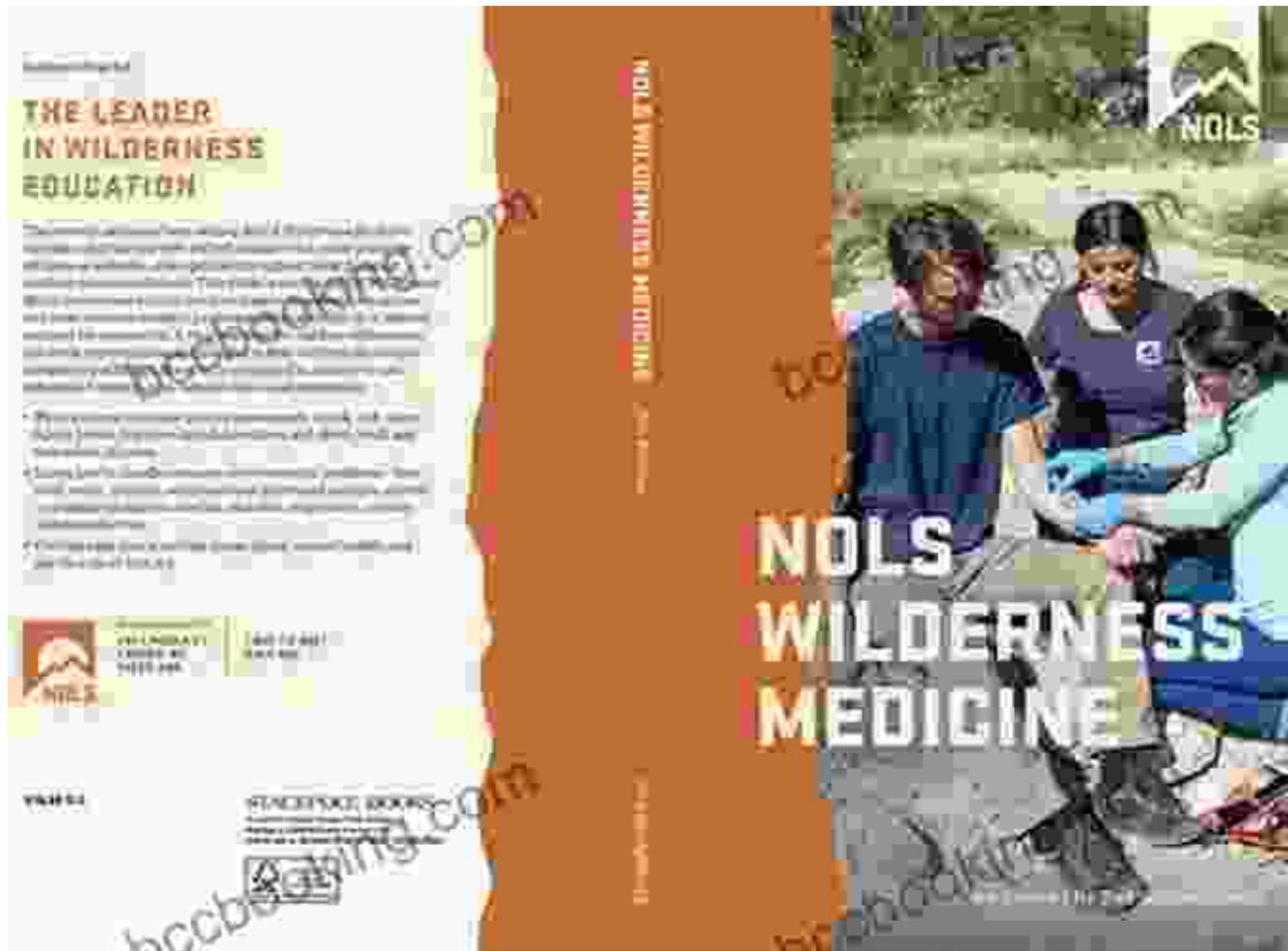


# NOLS Wilderness Medicine: The Essential Guide to Outdoor First Aid



## About the Book

NOLS Wilderness Medicine is the essential guide to outdoor first aid. Written by experts in the field, this book covers everything from basic first aid techniques to advanced medical emergencies. Whether you're a seasoned hiker or a weekend camper, this book is a must-have for anyone who spends time outdoors.

This comprehensive guide includes:



## NOLS Wilderness Medicine (NOLS Library)

by Tod Schimelpfenig

★★★★☆ 4.7 out of 5

Language : English  
File size : 25000 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 353 pages



- Step-by-step instructions for treating common injuries and illnesses
- Information on how to prevent and manage medical emergencies
- Advice on how to stay safe in the wilderness
- Full-color photos and illustrations

### What the Experts Are Saying

"NOLS Wilderness Medicine is the most comprehensive and up-to-date guide to outdoor first aid available. It is a must-have for anyone who spends time in the wilderness." - **Dr. John H. Stone, Wilderness Medical Society**

"NOLS Wilderness Medicine is an essential resource for anyone who loves the outdoors. It is full of valuable information that can help you stay safe and healthy on your next adventure." - **Bear Grylls, survival expert and adventurer**

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NOLS Wilderness Medicine is available now at your local bookstore or online. Free Download your copy today and be prepared for anything the wilderness throws your way.

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