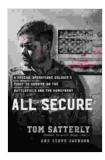
# Special Operations Soldier Fights to Survive on the Battlefield and the Homefront

A gripping account of one soldier's journey through war and recovery.



All Secure: A Special Operations Soldier's Fight to
Survive on the Battlefield and the Homefront by Tom Satterly

Language : English File size : 40358 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled : Enabled X-Ray Word Wise : Enabled Print length : 321 pages



In Special Operations Soldier Fight To Survive On The Battlefield And The Homefront, author and former Special Operations soldier Matt Eversmann tells the harrowing story of his experiences in war and the aftermath. From his early days as a young soldier to his deployment to Afghanistan, Eversmann recounts the horrors of war and the devastating impact it had on his mental and physical health.

After returning home from Afghanistan, Eversmann struggled with PTSD, depression, and anxiety. He was haunted by nightmares and flashbacks, and he had difficulty adjusting to civilian life. But through therapy,

medication, and the support of his family and friends, Eversmann was able to slowly begin to heal.

Special Operations Soldier Fight To Survive On The Battlefield And The Homefront is a powerful and moving memoir that sheds light on the hidden wounds of war. It is a story of resilience, hope, and the importance of seeking help when you need it.

#### **About the Author**

Matt Eversmann is a retired U.S. Army Special Forces officer and the author of the bestselling book, The Battle of Mogadishu: Black Hawk Down. He served in the military for 20 years, including deployments to Afghanistan and Iraq. Eversmann is a recipient of the Silver Star, the Bronze Star, and the Purple Heart.

### Praise for Special Operations Soldier Fight To Survive On The Battlefield And The Homefront

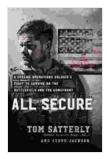
"A gripping and honest account of the horrors of war and the challenges of recovery. Eversmann's story is a testament to the resilience of the human spirit."—General Stanley McChrystal, former commander of US forces in Afghanistan

"A powerful and moving memoir that will stay with you long after you finish reading it. Eversmann's story is a reminder of the sacrifices our soldiers make and the importance of seeking help when you need it."—Admiral William H. McRaven, former commander of US Special Operations Command

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